



Together Gardens

Welcome, to the Together Gardens - a Rowan Salisbury Schools Home Gardening Course! This course is supported by Horizons Unlimited and Rowan-Salisbury Career and Technical Education. This is designed to serve as a passion project to get you OUTSIDE and GARDENING!

Lets Grow Together!

Cucumber

Cucumbers need warmth and lots of light. Water often enough for the soil to stay slightly moist at all times. If submerged, the cucumbers will be small and taste bitter. Harvest your cucumbers 50 to 70 days after planting. Over-ripe cucumbers will be bitter, so make sure to pick them on time.

10 Minute Easy Asian Cucumber Salad:

Ingredients:

- 4 cups cucumbers, very thinly sliced
- ¼ cup red onion, finely sliced
- ¼ cup red pepper, finely diced
- ¼ cup rice wine vinegar
- 1 teaspoon honey
- 1 teaspoon sesame seeds
- ½ teaspoon toasted sesame oil
- ¼ teaspoon red pepper flakes
- ¼ teaspoon sea salt

Directions: Add very thinly sliced cucumber, sliced red onion, diced red pepper, and sesame seeds to a medium size bowl. Set aside. In a small bowl mix together rice wine vinegar, honey, toasted sesame oil, red pepper flakes, and sea salt. Add dressing to the cucumber bowl. Toss to mix everything. Serve immediately or cover and let sit in the refrigerator for an hour or two to let all the flavors meld.

Sugar Glazed Cucumber Bread:

Ingredients:

- *Bread*
- 2 eggs
- ½ cup vegetable oil
- 1 cup sugar
- 1 cup grated cucumber, peeled, seeds removed, and drained
- 1 teaspoon vanilla
- 1 teaspoon lemon juice
- ½ cup flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- ¼ teaspoon baking powder
- ¼ teaspoon nutmeg
- ¼ teaspoon ground cloves
- *Optional- ½ cup chopped pecans
- *Glaze*
- 1 cup powder sugar
- 2 tablespoons milk

Directions: Preheat the oven 350°F. In a large bowl mix eggs, vegetable oil, and sugar with a hand mixer. Add the grated cucumber, vanilla, and lemon juice. Stir with spoon to combine. Add flour, baking soda, salt, baking powder, nutmeg, and cloves to the bowl. Continue to stir with a spoon. If desired add pecans into the bowl. Stir again.

Spray a 5x9 loaf pan with nonstick spray. Add batter into loaf pan. Bake for 60 minutes. Let cool for 10 minute. Remove and transfer to the wire rack to completely cool.

Glaze: Mix powdered sugar and milk together in a bowl with a spoon. Once bread is cool, pour glaze on top.

Companion Crop:

A good companion crop is radish plants.

